



3rd Annual

# Orthopedic Associates of Port Huron & Hanson's Running Shop

5k, 10k and a 1-mile fun run

**Where:** Run/Walk starts at Orthopedic Associates of Port Huron  
940 River Centre Drive, Port Huron  
Questions: please call (810)985-4900

**When:** **Saturday, August 14, 2010**  
Race day registration: 8:00 a.m.  
Race starts at 9:00 a.m.

**Features:** Pre-registered participants will receive a race t-shirt, refreshments, iPod gift raffle, and chip timing. Pre & post-race massage & stretching will be available

**Awards:** Overall male/female winners. Top 3 male and female finishers in each age category.

**Entry fees:** \$10.00 pre-registration received by August 2nd  
\$15.00 after August 2nd

**About:** Orthopedic Associates invites runners of all levels - from marathoners to casual runners - to participate in this year's run. Participants are welcome to walk the course, as well

**Hansons Running Shop:** Hosting their semi-annual "Shoe Fair"  
**Receive a 20% discount on same-day purchases.** For special apparel requests (i.e. shoe sizes, clothing requests), please email [fastbob@wowway.com](mailto:fastbob@wowway.com)

**Early Packet Pickup:** You may pick up your race packet, 6pm - 8pm at Orthopedic Associates (940 River Centre Drive) on Friday, August 13th. **OA will also be providing free biomechanical foot assessments and shoe wear recommendations from 6pm -8pm on Friday, August 13th.**



## Orthopedic Associates of Port Huron & Hanson's Running Shop

Early registration: \$10.00 payable to Orthopedic Associates, received by August 2nd. After August 2nd \$15.00

Today's Date  Date of Birth

First Name  Last Name

Street Address

Zip Code  Email Address

Male  Female

Please indicate race

1 Mile  5K  10K

T-shirt Size:

X-Small  Small  Medium  Large  X-Large  XX-Large

You can mail your registration form with payment or use our on-line bill pay feature at [www.oaph.com](http://www.oaph.com). If using the on-line method, please use "fun run" as your account number.

In consideration of my participating in this event, I for myself, my heirs, executors, and administrators, waive all rights and claims for damages I may have against the sponsors of this event, their agents, representatives, successors, and assignees for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event. I release the rights to any and all photographic materials and computer information the race committee may release from this event without obligation to me.

Athlete Signature (or parent, if under 18):

Please enter your signature: